

Overall Position	Name	Time	Gender	Gender Position	Swim	T1	Cycle	T2	Run
1	Craig Longmore	00:59:44	M	1	00:07:08	00:00:36	00:33:06	00:00:25	00:18:27
2	Alexander Williams	01:01:12	M	2	00:06:43	00:00:30	00:34:44	00:00:30	00:18:42
3	Shaun Hennessy	01:04:16	M	3	00:05:49	00:00:33	00:39:03	00:00:33	00:18:16
4	Danny Roe	01:04:22	M	4	00:06:39	00:00:30	00:36:18	00:00:33	00:20:18
5	Steven Kildea	01:07:58	M	5	00:06:56	00:00:40	00:39:15	00:00:35	00:20:29
6	Greg May	01:08:07	M	6	00:08:13	00:01:04	00:35:48	00:00:32	00:22:28
7	Ciaran Bates	01:10:40	M	7	00:08:50	00:00:39	00:39:12	00:00:51	00:21:06
8	Fintan Redmond	01:11:28	M	8	00:12:58	00:00:47	00:37:59	00:00:31	00:19:10
9	Amy O'donovan	01:11:46	F	1	00:09:26	00:00:27	00:39:58	00:00:27	00:21:24
10	Peter Meaney	01:12:36	M	9	00:07:47	00:00:43	00:39:15	00:00:34	00:24:14
11	Ross Morehead	01:13:00	M	10	00:09:36	00:00:55	00:40:30	00:00:46	00:21:11
12	Ruth Mills	01:13:33	F	2	00:08:20	00:02:03	00:42:44	00:00:53	00:19:31
13	Nigel Plowman	01:14:05	M	11	00:08:52	00:01:21	00:41:23	00:00:39	00:21:47
14	Richie Walsh	01:14:16	M	12	00:09:38	00:00:33	00:40:54	00:00:46	00:22:23
15	Tony Burns	01:14:42	M	13	00:11:09	00:00:28	00:39:57	00:00:30	00:22:35
16	Brian Walsh	01:14:50	M	14	00:08:42	00:01:49	00:42:21	00:00:36	00:21:20
17	Peter Blissett	01:15:31	M	15	00:09:33	00:00:53	00:41:47	00:00:29	00:22:47
18	Noel O'reilly	01:17:02	M	16	00:10:39	00:00:59	00:41:18	00:00:49	00:23:13
19	Michael Stafford	01:17:50	M	17	00:10:10	00:01:34	00:42:05	00:00:57	00:23:01
20	Gavin Fraser	01:18:02	M	18	00:10:31	00:00:54	00:41:11	00:00:57	00:24:27
21	Kathryn Fahy	01:18:07	F	3	00:08:31	00:01:08	00:43:10	00:00:50	00:24:25
22	Kevin Gibson	01:18:45	M	19	00:10:19	00:01:16	00:43:35	00:00:24	00:23:08
23	Mick Sweeney	01:18:51	M	20	00:11:12	00:01:31	00:42:07	00:00:41	00:23:18
24	Peter Wynne	01:19:04	M	21	00:06:36	00:00:40	00:44:43	00:00:43	00:26:19
25	Paul Murphy	01:20:08	M	22	00:08:27	00:01:07	00:46:38	00:00:48	00:23:05
26	Peter Byrne	01:20:09	M	23	00:10:19	00:00:28	00:50:03	00:00:22	00:18:54
27	Mark Sheehan	01:20:14	M	24	00:10:02	00:01:09	00:44:45	00:00:24	00:23:51
28	Michael Nolan	01:20:32	M	25	00:11:27	00:01:59	00:45:03	00:00:56	00:21:05
29	Alan Dunne	01:21:24	M	26	00:09:32	00:01:26	00:46:55	00:00:24	00:23:04
30	John Coveney	01:22:24	M	27	00:11:21	00:01:13	00:45:17	00:00:25	00:24:05
31	Ruth Deignan	01:22:39	F	4	00:10:16	00:00:57	00:46:06	00:00:52	00:24:25
32	Peter Brennan	01:22:52	M	28	00:09:23	00:01:09	00:45:41	00:00:40	00:25:58
33	Caitriona Cosgrave	01:22:56	F	5	00:11:01	00:01:08	00:46:55	00:00:27	00:23:22
34	Catherine Kelly	01:23:25	F	6	00:11:37	00:01:00	00:47:13	00:00:47	00:22:45
	Mark Neilon	01:23:27	M	29	00:20:46	00:01:34	00:33:23	00:01:52	00:25:50
35	Paul Murray	01:24:03	M	30	00:10:48	00:01:06	00:43:46	00:00:53	00:27:28
36	Robert Brereton	01:24:22	M	31	00:11:30	00:01:20	00:46:36	00:00:29	00:24:24
37	Caroline Concannon	01:25:28	F	7	00:12:08	00:00:46	00:44:31	00:00:54	00:27:05
38	David Bradshaw	01:25:40	M	32	00:14:18	00:02:12	00:44:37	00:00:53	00:23:38
39	Paul Doyle	01:25:49	M	33	00:13:29	00:01:16	00:44:10	00:00:41	00:26:10
40	Lorraine Byrne	01:26:25	F	8	00:10:20	00:00:51	00:46:58	00:00:34	00:27:40
41	Jerry O'connor	01:26:47	M	34	00:12:21	00:02:30	00:46:30	00:01:22	00:24:01
42	Martin O'connor	01:27:04	M	35	00:10:52	00:02:05	00:45:19	00:01:56	00:26:49
43	Amy Rossiter	01:27:40	F	9	00:07:47	00:01:10	00:50:26	00:00:25	00:27:48
44	Rory Otoole	01:27:56	M	36	00:13:32	00:02:06	00:45:05	00:01:05	00:26:04
45	Madeline Ronan	01:28:05	F	10	00:08:48	00:01:04	00:48:20	00:00:49	00:29:01
46	Sarah Kearns	01:28:31	F	11	00:11:33	00:00:26	00:47:18	00:00:20	00:28:51
47	Gail Mc dowall	01:28:35	F	12	00:08:22	00:01:41	00:52:35	00:00:50	00:25:04
48	Des Teahan	01:29:28	M	37	00:15:50	00:01:43	00:46:43	00:00:22	00:24:49
49	Sinead Foley	01:30:19	F	13	00:11:20	00:01:19	00:51:15	00:01:02	00:25:20
50	Karine Zoldan	01:30:36	F	14	00:13:13	00:01:33	00:48:04	00:00:23	00:27:20
51	Alice Melland	01:30:40	F	15	00:11:52	00:01:43	00:49:40	00:00:24	00:26:58

52	Kevin Coughlan	01:30:52	M	38	00:12:47	00:02:33	00:50:29	00:00:31	00:24:29
53	Williams Williams	01:31:17	M	39	00:13:40	00:01:02	00:48:01	00:00:21	00:28:11
54	Brian Byrne	01:31:56	M	40	00:13:41	00:01:29	00:48:49	00:00:46	00:27:08
55	Anthony Doyle	01:32:16	M	41	00:13:13	00:02:23	00:49:05	00:01:47	00:25:46
56	Raymond Crosbie	01:33:24	M	43	00:13:52	00:02:28	00:49:26	00:00:30	00:27:04
57	Francis Farnan	01:33:24	M	42	00:10:49	00:01:42	00:52:23	00:00:27	00:28:00
58	Robert Rooney	01:33:45	M	44	00:12:54	00:02:46	00:50:49	00:00:27	00:26:47
59	Fergal Keogh	01:34:19	M	45	00:15:39	00:01:41	00:47:55	00:01:14	00:27:47
60	Stephen Mc carthy	01:34:38	M	46	00:18:13	00:02:27	00:50:25	00:00:34	00:22:56
61	Ray Ronan	01:34:39	M	47	00:20:57	00:03:10	00:46:55	00:00:35	00:22:59
62	Ross O keeffe	01:35:29	M	48	00:16:18	00:02:11	00:50:06	00:00:23	00:26:29
63	Elaine Gibson	01:35:48	F	16	00:11:19	00:02:25	00:53:30	00:01:02	00:27:29
64	Siobhan Brennan	01:36:44	F	17	00:12:19	00:01:22	00:51:46	00:01:12	00:30:02
65	Antje Luebke	01:37:12	F	18	00:12:53	00:02:11	00:50:21	00:00:49	00:30:56
66	Louise Nolan	01:37:20	F	19	00:12:44	00:01:21	00:54:35	00:00:23	00:28:13
67	Bernie Millar	01:39:28	F	20	00:16:16	00:01:47	00:52:08	00:01:23	00:27:51
68	Gwendoline Cunningham	01:40:12	F	21	00:11:34	00:01:43	00:53:44	00:00:41	00:32:27
69	Niamh Kelly	01:41:52	F	22	00:11:17	00:01:23	00:54:22	00:00:43	00:34:04
70	Mary Donnellan	01:43:06	F	23	00:11:37	00:01:14	00:56:47	00:01:19	00:32:07
71	Jackie Mccann	01:44:10	F	24	00:11:29	00:01:32	00:54:03	00:01:15	00:35:48
72	Oliver Cosgrove	01:45:59	M	49	00:26:26	00:02:16	00:50:23	00:00:43	00:26:09
73	Maggie Synoradzki	01:49:36	F	25	00:13:48	00:03:24	00:57:16	00:01:22	00:33:44
74	Stafford Grainne	01:57:16	F	26	00:14:59	00:03:07	01:03:28	00:01:26	00:34:14